



# GOD-CONNECTED FAMILY TIME

IDEAS FOR A DAILY TIME WITH GOD



## THE IDEA

At present, we are living in very strange and changing times,

There is such an opportunity for us as the Church and as individuals to re-focus our priorities and go deeper in our relationship with God.

With families being limited due to Government regulations, church is mostly remaining at home for the time being.

Wouldn't it be amazing if the Church around the nation turned their homes into houses of prayer at this time?

We understand your children are unlikely to connect with a long online prayer meeting (plus, they are often after bedtime).

So hopefully this resource may help with some creative ideas of how to have a God-connected time in your home.

There is no set pattern, pick whichever ones are possible and give it a go...you can also use any of your own ideas too.

We pray that God moves in your family in a powerful way.

## USING THE RESOURCE

### READ:

The ideas give a Bible reference to start with. Taking time to help each other find the correct book, chapter and verse is a great way of helping your children to find their way around their Bible. You could choose one person to read the verse or repeat it by having everyone have a go at reading.

### CHAT:

Once you have read the Bible together, spend a few minutes chatting out loud about your thoughts and questions. Let the conversation flow, even if there are some strange tangents (you can bring it back in whenever you want to), If you are stuck for conversation ideas, there are some suggestions in the resource.

### CONNECT

Our relationship with God is two-way and rather than just 'praying to Him', these ideas could help us connect with Him in a deeper way. There are a variety of ideas shared but feel free to use your own creativity and follow wherever God leads.



## GOD-CONNECTED FAMILY TIME (15)

IDEAS FOR  
13TH - 20TH JULY

## 100 SECONDS

READ: PSALM 46:10

### CHAT:

What do you prefer - being noisy or being quiet? There is a time for both. Often in the still and quiet we can hear God's voice clearly.

### CONNECT:

Set a timer for 100 seconds and be still and silent for that length of time. Just be still and open your ears to hear anything that God says. Afterwards, talk about how you found the silence and share anything God has said.

## CIRCUIT TRAINING

READ: 1 TIMOTHY 4:6-10

### CHAT:

People train their bodies for lots of different things. For what things might someone train? How can we train ourselves to be Godly?

### CONNECT:

Set up a circuit of physical training stations (eg. star jumps, jogging, step ups etc). Move around each station after short intervals. Have a break half way through and ask God how you could train yourself spiritually.

## FRUIT SQUEEZE

READ: MATTHEW 7:16-17

### CHAT:

This story uses fruit as a metaphor. What does it actually mean to bear fruit? What is good fruit and what is bad fruit?

### CONNECT:

Make your own 'good' fruit juice. You could oranges for orange juice or make lemonade with lemons. Squeeze the fruit to get the juice out. As you squeeze ask God to help you to leak goodness in your life. Enjoy your homemade drinks...yum.

## THE FINE LINE

READ: MATTHEW 7:13-14

### CHAT:

We learn about the narrow and wide path in this verse. Why is the narrow path hard to stay on?

### CONNECT:

On a piece of paper draw a wide path (with 2 lines about 10 cm apart) and a narrow path (single line). Place a paper ball/ping pong ball at the start of the paper. Use a straw to blow the ball along. See if you can stay on the paths. Pray for each other between turns.

## SHINE BRIGHT

READ: 2 CORINTHIANS 4:5-6

### CHAT:

Light always shines in the dark. How has God shined His light into your heart? How can you shine His light?

### CONNECT:

When the sun shines it is daytime, Make your own sunshine today...you could make big paper mache sun, a drawing or use paper plate and felt tips. Thank God that He is the light and ask Him to shine in and through you.

## ARMOUR DRAMA

READ: EPHESIANS 6:10-18

### CHAT:

What parts of the armour of God have you acted out already? Choose a different piece to focus on today.

### CONNECT:

Have a go at making that piece of the armour with items from around the home & some recycling junk. Pass the piece round, act out God's protection with that piece and pray for the person who is wearing/holding the armour.

## IN THE BUBBLES

READ: PROVERBS 2:1-7

### CHAT:

These verses talk about the importance of searching for wisdom. What is wisdom? And why is wisdom so important?

### CONNECT:

Make a lot of bubbles in a large bowl (using bubble bath/washing up powder and a little bit of water). Hide bottle tops, coins or similar. See if you can find the items in the bubbles. Search like you mean it (time each other to make it competitive).